



My Future  
My Choice

the western  
**weekender**

Over 120 Exhibitors | NDIS Speakers | Kids Entertainment



Fri 10th - Sat 11th  
December 2021

Penrith Valley Regional  
Sports Centre

Visit & tag us at [#nepeandisabilityexpo](https://www.instagram.com/nepeandisabilityexpo)



Connect  
with us

FEATURING  
SINGER

**Lara  
Nakhle**

from

**The Voice**



ADVERTISEMENT



# Day Programs

At Flintwood, we understand that feeling “a sense of fulfilment” from a day away from home is important, this is why we offer community-based and centre-based activities. Flintwood will support you in whatever activities you enjoy with people who share the same interests as you. Flintwood’s centre-based activities will vary from day to day and focus on activities, outings, learning and development. Flintwood’s aim is to support you to achieve your goals and aspirations.



## Accommodation

At Flintwood we listen to you because we believe you should be able to choose where you live and who you live with. We assist you to live in your home with people who share similar interests, are of a similar age and enjoy the same hobbies as you, to ensure compatibility. We provide you with a positive shared housing experience, where housemates become friends.



## Support Coordination

Support Coordinators offer a link between Participants and service providers. They help to identify your needs and connect you with suitable services. If organising your care and services seems difficult, a Support Coordinator can create a personalised plan with ease.



**Contact Flintwood to learn more**

**Call us on (02) 9630 1777    [Admin@flintwood.org.au](mailto:Admin@flintwood.org.au)**

## COMMUNITY ACCESS WESTERN SYDNEY

# CAWS

9893 8210 | CAWS.COM.AU  
OFFICE@CAWS.COM.AU

CAWS can provide **ADVOCACY** for issues affecting a person with a disability

CAWS is a registered NDIS Provider

Support Coordination | Plan Management

### INDIVIDUAL SUPPORT FOR

- o Daily Living
- o Personal Care
- o Learning Life Skills
- o Participation in community
- o Household assistance
- o Preparing meals with you
- o Participation in the community
- o Art and Craft
- o Skill building
- o Attending a group activity if you need extra help
- o Group Programs both in community and centre-based for example
- o Holidays designed around you for you, either on your own with a worker or with a couple of like-minded people

CAWS Together We Can assists people to link people with disability with volunteers that have similar interests to go out and have fun together in the community, this could be a walk, a movie, coffee catch ups or a short holiday.



WW47060

## Got a disability and want to work?

WISE offers tailored employment support as unique as each person we have the privilege of helping.

# “Let’s chat”

We would love to chat with you, give us a call on **1800 685 105**.

## WISE Employment





## Let us help you achieve your goals

Whiddon is a proud, registered NDIS Provider.

Our teams are ready to understand what matters to you, and tailor the support that you want. From assisting you with daily life tasks or giving you the confidence to be part of your community, our local carers are here to help you achieve your goals!

### Contact us

 [whiddon.com.au](https://whiddon.com.au)

 1300 738 388

 [NDIS@whiddon.com.au](mailto:NDIS@whiddon.com.au)



WW47049

## Connecting Families:

- With Therapists
- With Support
- With NDIS
- With Best Start
- With Schools
- With friends

**48-50  
OAKLANDS RD  
HAZELBROOK**

[CONNECT@CONNECTCFS.ORG.AU](mailto:CONNECT@CONNECTCFS.ORG.AU)

OPERATING FOR  
OVER 40 YEARS



**NDIS  
REGISTERED  
PROVIDER**

**connect**  
CHILD AND FAMILY SERVICES

Nurture. Educate. Grow.



**Find the home and lifestyle  
you deserve**

**Go to Stand S8 at the  
Nepean Disability Expo**

Visit Stand S8 at the Nepean Disability Expo for a chat about our Supported Independent Living vacancies and our home and community services.

You can hear about Achieve's other services too including Day Programs, Disability Employment Opportunities and NDIS Support Coordination.

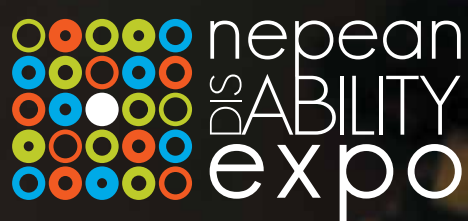
There's also a chance to win one of three prizes from our amazing fabric shop, The Sewing Basket.

- Fri 10 - Sat 11 December
- Penrith Valley Regional Sports Centre

[achieveaustralia.org.au](https://achieveaustralia.org.au)

**achieve**  
australia





## We're back and ready for you Nepean!

*Lara Nakhle will appear as event ambassador at the Nepean Disability Expo! Appearing at the opening ceremony and throughout the day on Friday, December 10th*

It is with great pleasure that we announce Singer Lara Nakhle from The Voice as the ambassador for the 2021 My Future, My Choice Nepean Disability Expo on Fri 10th & Sat 11th December, Penrith Valley Regional Sports Centre.

Since her public debut on The Voice, Lara has cemented her place as a beloved Australian performer and advocate for people with disability. She has performed at many prestigious public events, including the 2018 Invictus Games, carols, and charity fundraiser events.

Regardless of her disability, Lara takes every challenge in her stride, aiming to prove that achieving your goals does not have to be a struggle, even if it may seem that way.

The My Future, My Choice FREE Nepean Disability Expo facilitates choice and empowerment. It links people with a disability with hundreds of local product and service providers and presents a range of informative and interactive presentations delivered by industry experts.

"People come to the expo understandably excited about how to utilise their funding to enhance their lives in meaningful and practical ways," says spokesperson for the My Future, My Choice Disability Expo and Impact Institute Senior Advisor Kathryn Carey.

Thrilled about returning in a face-to-face format for the first time in two years, the Nepean Disability Expo is delivered using COVIDSafe practices.

**Come along to the Nepean Disability Expo because you will find everyone in the one place:**

- The Voice contestant Lara Nakhle as our 2021 Expo Ambassador
- **FREE ENTRY** for all attendees
- **120+ exhibitors** all under the one roof, at the one time.
- Connect with Government agencies, NDIS, advocacy/consumer rights, charities and **product/service providers** covering specialist care and support
- **NDIS** presentations and **Q&A sessions** from a range of local speakers and organisations
- **Kids entertainment** both days
- **Live all-ability performances** both days







# Specialist Disability Accommodation Vacancy at Jordan Springs



See us at the *Nepean Disability Expo* to discuss your options!!  
Friday 10th & Saturday 11th December  
Contact: [youngcareconnect@youngcare.com.au](mailto:youngcareconnect@youngcare.com.au)



1800 844 727  
[youngcare.com.au](http://youngcare.com.au)

WW46757



## Work With Us

At Better Rehab, we care about our employees' emotional, mental, physical and financial health. One of the ways that we demonstrate this is through the benefits that we offer.



**FLEXIBLE WORKING ARRANGEMENTS**  
Including adjusting working hours or working from home, to help employees balance their personal and professional commitments.



**PROFESSIONAL INDEMNITY INSURANCE**  
Better Rehab pays professional indemnity insurance for all employees!



**BETTER REWARDS**  
Better Rehab has implemented performance incentives for going above and beyond! Rewards include schemes that can be redeemed for financial benefits, leave and experiences.



**PROFESSIONAL DEVELOPMENT**  
We provide our valued employees with multiple opportunities to grow and develop, including our online university The Learning Hub, regular in-services (internal training sessions), operational and clinical supervision, formal and informal feedback opportunities, as well as 4 days of study leave each year and financial contribution for external professional development opportunities.



**COMPLIMENTARY BREAKFAST + SNACKS**  
All Better Rehab offices provide all employees with complimentary coffee, tea, snacks and continental breakfast every morning!



**MARKET LEADING REMUNERATION**  
Better Rehab lets you get paid for the hard work and amazing feats you perform on a daily basis.



**PAID PARENTAL LEAVE**  
Are you looking to start to grow your family? Better Rehab provides 8 weeks' paid parental leave to primary caregivers, and 2 weeks' paid parental leave to non-primary caregivers.



**CAREER GROWTH OPPORTUNITIES**  
We offer individualised career growth pathways that lets you progress your career at lightning speed!



**TEAM BONDING EVENTS**  
We believe team bonding is integral to happiness at work! We regularly celebrate cultural and industry events and each other's successes.



**FUTURE LEADERS PROGRAM**  
Specialised program to upskill and prepare clinicians for leadership roles.



**CLEAR TARGETS**  
At Better Rehab, your KPIs are achievable and clearly explained, and you are supported to ensure you achieve success. We have also established a rewards system to acknowledge your hard work!



**DEDICATED CLINICAL SUPERVISION**  
One-on-one structured clinical supervision with a dedicated supervisor in person.



**IF YOU WANT TO LEARN MORE**  
about any opportunities, please speak with one of our Talent Specialists!



02 7202 2494



[myfuture@betterrehab.com.au](mailto:myfuture@betterrehab.com.au)



[betterrehab.com.au](http://betterrehab.com.au)

WW46915



# the western weekender

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westernweekender.com.au

The Western Weekender  
is the proud media  
partner of the Nepean  
Disability Expo



the western weekender » Friday, December 3, 2021



**Nepean  
Disability  
Expo**

**PENRITH VALLEY  
REGIONAL SPORTS CENTRE**  
30 Herbert St, Cambridge Park

**FRI 10th & SAT 11th  
DECEMBER 2021**

WW47075



Live your best home with  
Australia's leading provider  
of NDIS Supported  
Independent Living (SIL)  
services

## NDIS HOUSING WITH HEART

Thrive365 support people living in private  
and shared NDIS housing (including SDA, or  
Supported Disability Accommodation) across  
Sydney and South-East Queensland.



**Thrive 365 specialises in providing care  
for people with complex care needs.**

To provide residents with the best possible at  
home care, we offer:

- A person-centered active support  
approach, enhancing independence and  
decision making
- Bespoke community access options,  
programs and activities.
- 24 hour support from trained and  
experienced staff

**CONTACT US** | [www.thrive365.com.au](http://www.thrive365.com.au) | [info@thrive365.com.au](mailto:info@thrive365.com.au) | 1300 555 365  
Or visit us at the Nepean Disability Expo, 10-11 December 2021

WW47066



NEPEAN DISABILITY EXPO  
EXHIBITOR LIST

NO.	Exhibitor Name						
12	13Cabs	57&58	Community Health Group	C05	Leasky's Designs	82&83	Riverlink Disability Services
52	3Bridges Community	64	Concentric Rehabilitation	56	Lenity Care	97	Soteria Independent Living
18	A and D In Home Care	20	ConfidenceClub	46	Lifestyle Solutions	PROD 01	Specialised Wheelchair Company
G3	Ability Action Australia	93	Connect Child & Family Services	89	Live Life Learn	43&44	Sunnyday Carers
68	Ability Options	34	Continence Foundation (NSW)	S7	Living My Way Limited	32	Sunnyfield Disability Services
C03	AccessAccom	66&67	Coordination and Care Services	S5	MAX Employment	17	Sydney Health & Care Services
S8	Achieve Australia	86	dannymetsally	G2	McCall Gardens	91	Sydney Trains
39	Active Mobility Systems	102	Disability Services Australia	13	Medline Community Care	41&54	TAD - Freedom Wheels
19	ADS Care	24&25	Dynamic Support Services	37	My Home Living Care	P2	Tender Loving Care Disability Services
105	Advance Disability Services & Respite	C02	E3 Health - Pjama	35	My Plan Manager	99	The Good Meal Co
87	Afea Care Services	98	Endeavour Foundation	79	My Supports	109	The Shine Shed
P1	Afford	88	Family Advocacy	71	MylIntegra	01	Therapy 360
S3	AHP Disability & Home Care	49	Flexible Home Care and Respite Services	G1	NADO Sensory Store	04	Thorndale Foundation
69	Allara Support Services	07	Flintwood Disability Services	42	National 360	10	thrive365
03	Amputees NSW	61&62	Forsight	16	National Disability Insurance Agency	90	Travel Training Solutions
31	APM Employment Services	C01	Fragile X Australia	59	NDIS Quality and Safeguard Commission	110	Trusted Home and Disability Care
48	AimBig LiveBig	V2	Freedom Motors Australia	40	NDSP Plan Managers	28	Trusted Support Coordination
60	Aruma	22	Fusion Building & Maintenance	26	Nextt Health	06	Unisson Disability
V1	Automobility	81	Good Shepherd	15	NIGHT N DAY Comfort	S6	Uniting Local Area Coordination – NDIS
104	BCD - Better Care Delivered	84	Healing Hands Complete Care	02	NNA Direct Support Services	C06	Unity Studios
38	Better Rehab	29	HenderCare	70	Noro Music Therapy	PROD 03&04	Wellways
S2	Beyond Care	65	Hireup	77	Northcott	76	Wesley Disability Services
05	BindiMaps	09	Home Caring	S10	OSAN Ability Assist	S9	Whiddon - Award Winning Care
S4	Blitzit Plan Manager	63	Hume Community Housing	47	Participate Australia	74&75	WISE Employment
53	BlueWing Care Professionals	55	IDEAL Plan Management	33	Path Inc	72&73	YoungCare & Scope
36	BrightSky Australia	92	Infinite Home Care	G4	Phil Terry Health Care Services	78	Your Story Matters
08	Caring Approach	51	Interaction Disability Services	85	Provider Choice	27	Zenn Ability
45	CAWS	30	Interactive Community Care	C04	Ramp Ability	50	Zest Care
14	Claro Aged Care and Disability	S1	Kinela / Able Foods	23	REACH for Training		
80	Comfort Health Services	11	Kirinari Community Services	21	Right at Home		

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